



5ª Etapa Cipo - GUARAPUAVA
GUARA 3.12.2023
Clube de Orientação Lobo Bravo

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Clube de Orientação de Curitiba

Percurso : H Senior A

Distancia : 5600m (Desnivel 145m)

Tempo : 1:16:48 (13'43"/km)

7/14

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Luiz Fabiano Effgen | 1:01:13 |
| 2. Gervásio Augusto Pradella | 1:03:46 |
| 3. Darci Panigáz | 1:07:08 |

1.	314	00:07:54		834m	9'28"/km
2.	72	00:01:58	00:09:52	99m	19'52"/km
3.	76	00:06:16	00:16:08	275m	22'47"/km
4.	78	00:01:36	00:17:44	137m	11'41"/km
5.	40	00:05:00	00:22:44	278m	17'59"/km
6.	42	00:01:24	00:24:08	106m	13'12"/km
7.	41	00:01:32	00:25:40	190m	8'04"/km
8.	46	00:03:30	00:29:10	294m	11'54"/km
9.	44	00:03:34	00:32:44	252m	14'09"/km
10.	45	00:02:14	00:34:58	123m	18'09"/km
11.	48	00:04:21	00:39:19	222m	19'36"/km
12.	49	00:02:39	00:41:58	150m	17'40"/km
13.	82	00:11:46	00:53:44	565m	20'50"/km
14.	326	00:16:27	01:10:11	1174m	14'01"/km
15.	330	00:04:01	01:14:12	460m	8'44"/km
16.	333	00:01:49	01:16:01	203m	8'57"/km
17.	999	00:00:47	01:16:48	249m	3'09"/km

Orienteering Software