



5ª Etapa Cipo - GUARAPUAVA
GUARA 3.12.2023
Clube de Orientação Lobo Bravo

Caroline Roman Ribeiro

Clube de Orientação de Curitiba

Percurso : D Master B

Distancia : 4000m (Desnivel 80m)

Tempo : 1:37:10 (24'17"/km)

3/3

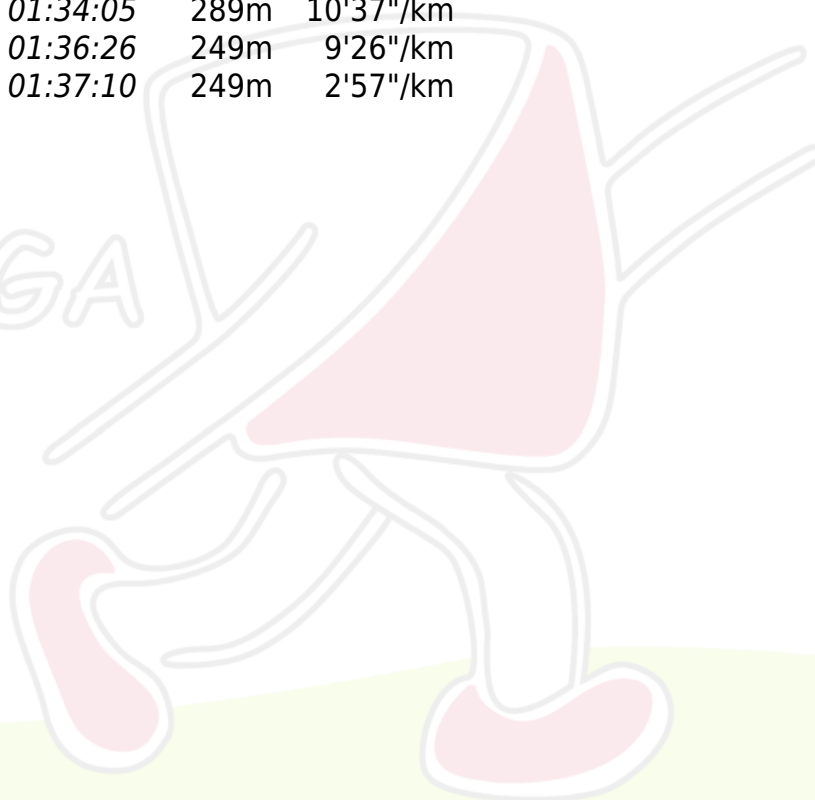
O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Marina Nazari Demarchi | 1:19:01 |
| 2. Claudineia Lopes Da Silva | 1:19:44 |

1.	310	00:06:24		415m	15'25"/km
2.	322	00:10:14	00:16:38	608m	16'50"/km
3.	39	00:15:13	00:31:51	690m	22'03"/km
4.	79	00:01:24	00:33:15	84m	16'40"/km
5.	74	00:02:09	00:35:24	209m	10'17"/km
6.	311	00:45:08	01:20:32	689m	65'30"/km
7.	327	00:10:29	01:31:01	603m	17'23"/km
8.	329	00:03:04	01:34:05	289m	10'37"/km
9.	333	00:02:21	01:36:26	249m	9'26"/km
10.	999	00:00:44	01:37:10	249m	2'57"/km

HELGA



Orienteering Software