



**5ª Etapa Cipo - GUARAPUAVA**  
**GUARA 3.12.2023**  
**Clube de Orientação Lobo Bravo**

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Clube de Orientação Lobo Bravo

Percurso : D Juven A

Distancia : 4200m (Desnivel 100m)

Tempo : 1:25:06 (20'16"/km)

**1/2**

O.K.

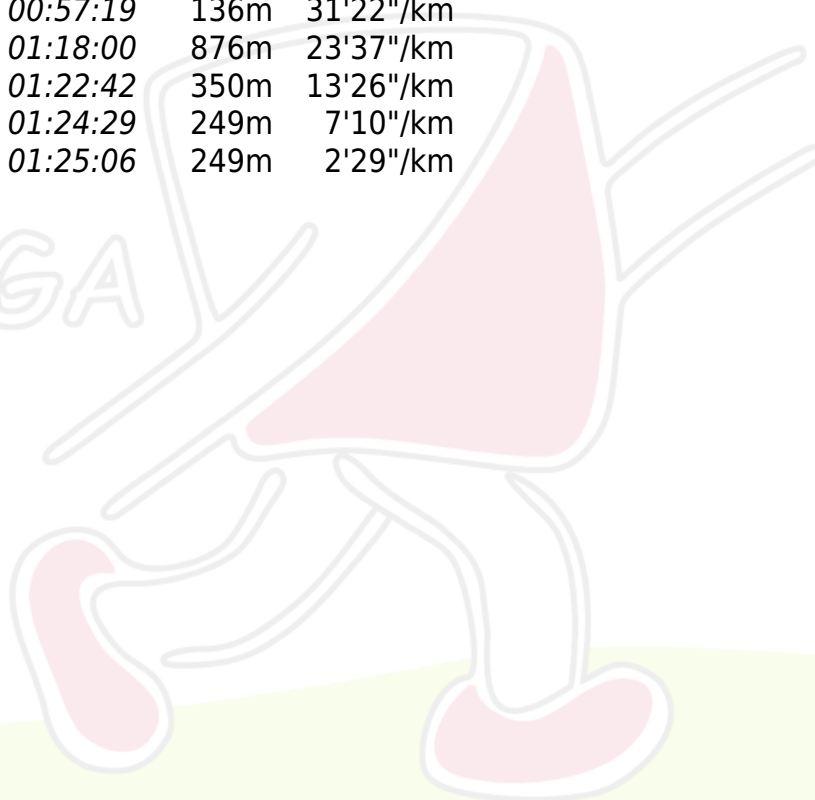
[Resultados completos em Webres](#)

2. Isabela Nunes Amaral

1:31:20

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 35  | 00:03:56 |          | 214m | 18'23"/km |
| 2.  | 311 | 00:03:45 | 00:07:41 | 353m | 10'37"/km |
| 3.  | 314 | 00:04:20 | 00:12:01 | 347m | 12'29"/km |
| 4.  | 323 | 00:21:58 | 00:33:59 | 675m | 32'33"/km |
| 5.  | 321 | 00:02:18 | 00:36:17 | 158m | 14'33"/km |
| 6.  | 315 | 00:10:24 | 00:46:41 | 499m | 20'51"/km |
| 7.  | 76  | 00:06:22 | 00:53:03 | 188m | 33'52"/km |
| 8.  | 74  | 00:04:16 | 00:57:19 | 136m | 31'22"/km |
| 9.  | 326 | 00:20:41 | 01:18:00 | 876m | 23'37"/km |
| 10. | 329 | 00:04:42 | 01:22:42 | 350m | 13'26"/km |
| 11. | 333 | 00:01:47 | 01:24:29 | 249m | 7'10"/km  |
| 12. | 999 | 00:00:37 | 01:25:06 | 249m | 2'29"/km  |

HELGA



Orienteering Software