

ALLSTAR TRAIL RUN ETAPA 5 - MUTUM
UNIÃO DOS PALMARES - AL 3.12.2023
ALLSTAR**Nihelton Moura**

NSA

Course : 12 KM SOLO MASCULINO 30-39

Distance : 13300m (Climbing 500m)

Time : 1:39:06,765 (8,05 km/h)

4/19

O.K.

[Full result on Webres](#)

1. Arnaldo Santos De Melo	1:26:55,683
2. Alex De Souza Silva	1:36:50,085
3. Aldo Santos De Lira	1:38:43,843

1.	71	00:15:14		2780m	10.95 km/h	DIVISÃO DE CATEGORIAS
2.	72	00:16:39	00:31:53	3300m	11.89 km/h	RETORNO 12KM
3.	73	00:20:21	00:52:14	2890m	8.52 km/h	HIDRATAÇÃO 12KM
4.	74	00:14:38	01:06:52	1640m	6.72 km/h	REENCONTRO CATEGORIAS
5.	999	00:32:14	01:39:06	2720m	5.06 km/h	CHEGADA

HELGA



Orienteering Software