



**Championnat des Landes de course d'orientation**  
**Mimizan - Lespecier 2.12.2023**  
**4012NA B.R.O.S**

**Francis ROCH**

4012NA B.R.O.S

Circuit : Violet L

Distance : 4650m (Dénivelé 70m)

Temps : 0:56:44 (12'12"/km)

**24/55**

O.K.

[Résultats complets sur Webres](#)

- |                      |         |
|----------------------|---------|
| 1. Jules MONTUS      | 0:34:37 |
| 2. Esteban VANHOUTTE | 0:37:52 |
| 3. Ludovic LAGENEBRE | 0:39:11 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 83  | 00:03:24 |          | 218m | 15'36"/km |
| 2.  | 76  | 00:02:39 | 00:06:03 | 281m | 9'26"/km  |
| 3.  | 51  | 00:01:49 | 00:07:52 | 168m | 10'49"/km |
| 4.  | 71  | 00:01:30 | 00:09:22 | 111m | 13'31"/km |
| 5.  | 95  | 00:04:46 | 00:14:08 | 204m | 23'22"/km |
| 6.  | 40  | 00:01:15 | 00:15:23 | 170m | 7'21"/km  |
| 7.  | 75  | 00:01:26 | 00:16:49 | 196m | 7'19"/km  |
| 8.  | 74  | 00:02:35 | 00:19:24 | 210m | 12'18"/km |
| 9.  | 86  | 00:07:16 | 00:26:40 | 186m | 39'04"/km |
| 10. | 66  | 00:01:24 | 00:28:04 | 175m | 8'00"/km  |
| 11. | 85  | 00:01:56 | 00:30:00 | 191m | 10'07"/km |
| 12. | 52  | 00:01:35 | 00:31:35 | 107m | 14'48"/km |
| 13. | 63  | 00:01:04 | 00:32:39 | 155m | 6'53"/km  |
| 14. | 87  | 00:03:47 | 00:36:26 | 324m | 11'41"/km |
| 15. | 44  | 00:02:29 | 00:38:55 | 315m | 7'53"/km  |
| 16. | 96  | 00:01:18 | 00:40:13 | 149m | 8'43"/km  |
| 17. | 97  | 00:01:07 | 00:41:20 | 89m  | 12'33"/km |
| 18. | 56  | 00:03:00 | 00:44:20 | 293m | 10'14"/km |
| 19. | 69  | 00:01:28 | 00:45:48 | 172m | 8'32"/km  |
| 20. | 34  | 00:02:19 | 00:48:07 |      |           |
| 21. | 54  | 00:02:11 | 00:50:18 | 90m  | 24'16"/km |
| 22. | 55  | 00:03:35 | 00:53:53 | 217m | 16'31"/km |
| 23. | 255 | 00:02:00 | 00:55:53 | 165m | 12'07"/km |
| 24. | 999 | 00:00:51 | 00:56:44 | 155m | 5'29"/km  |

Orienteering Software