



VK Avond Prinsenpark

Retie 1.12.2023

TROL

Thomas JANSEN

Omega

Omloop : H. Espoirs - Beloften

Afstand : 3420m

Tijd : 0:30:23 (8'53"/km)

2/10

O.K.

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- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:29:35 |
| 3. Torben AERDEN | 0:31:10 |

1.	118	00:02:20		192m	12'09"/km
2.	104	00:01:10	00:03:30	157m	7'26"/km
3.	108	00:01:01	00:04:31	130m	7'49"/km
4.	110	00:00:42	00:05:13	94m	7'27"/km
5.	115	00:03:13	00:08:26	370m	8'42"/km
6.	117	00:02:17	00:10:43	255m	8'57"/km
7.	120	00:03:51	00:14:34	365m	10'33"/km
8.	129	00:06:43	00:21:17		
9.	130	00:01:51	00:23:08		
10.	134	00:03:49	00:26:57	522m	7'19"/km
11.	133	00:00:56	00:27:53	87m	10'44"/km
12.	136	00:01:25	00:29:18	196m	7'14"/km
13.	999	00:01:05	00:30:23	205m	5'17"/km

HELGA

Orienteering Software