



BOC#03 - Régionale Tumuli-Sapinière Foret de Soignes 26.11.2023 ASUB

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Altair Orientation

Circuit : H:Noir très long

Distance : 9100m (Dénivelé 225m)

Temps : 1:52:30 (12'22"/km)

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O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Rune DE CLERCQ | 1:10:37 |
| 2. Thibaut ROBINSON | 1:12:01 |
| 3. Gilles DELMEE | 1:14:28 |

1.	143	00:03:39		205m	17'48"/km
2.	102	00:03:06	00:06:45	262m	11'50"/km
3.	103	00:02:05	00:08:50	185m	11'16"/km
4.	104	00:01:40	00:10:30	193m	8'38"/km
5.	105	00:02:24	00:12:54	169m	14'12"/km
6.	106	00:01:50	00:14:44	122m	15'02"/km
7.	107	00:02:16	00:17:00	172m	13'11"/km
8.	92	00:06:29	00:23:29	664m	9'46"/km
9.	88	00:03:22	00:26:51	179m	18'48"/km
10.	89	00:01:50	00:28:41	149m	12'18"/km
11.	129	00:04:22	00:33:03	379m	11'31"/km
12.	95	00:03:56	00:36:59	224m	17'34"/km
13.	112	00:04:10	00:41:09	401m	10'23"/km
14.	108	00:03:26	00:44:35	96m	35'46"/km
15.	109	00:03:31	00:48:06	250m	14'04"/km
16.	110	00:01:51	00:49:57	140m	13'13"/km
17.	111	00:02:43	00:52:40	252m	10'47"/km
18.	139	00:10:13	01:02:53	906m	11'17"/km
19.	98	00:03:27	01:06:20	240m	14'23"/km
20.	113	00:03:54	01:10:14	315m	12'23"/km
21.	115	00:04:32	01:14:46	353m	12'51"/km
22.	140	00:04:12	01:18:58	429m	9'47"/km
23.	118	00:05:47	01:24:45	594m	9'44"/km
24.	120	00:06:47	01:31:32	580m	11'42"/km
25.	131	00:03:11	01:34:43	291m	10'56"/km
26.	122	00:04:48	01:39:31	312m	15'23"/km
27.	135	00:04:48	01:44:19	355m	13'31"/km
28.	132	00:05:54	01:50:13	422m	13'59"/km
29.	84	00:01:30	01:51:43	145m	10'21"/km
30.	999	00:00:47	01:52:30	114m	6'52"/km