



BOC#03 - Régionale Tumuli-Sapinière Foret de Soignes 26.11.2023 ASUB

Corentin DURAND

Indiv.

Circuit : H:Noir très long

Distance : 9100m (Dénivelé 225m)

Temps : 1:34:33 (10'23"/km)

5/28

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Rune DE CLERCQ | 1:10:37 |
| 2. Thibaut ROBINSON | 1:12:01 |
| 3. Gilles DELMEE | 1:14:28 |

1.	143	00:02:44		205m	13'20"/km
2.	102	00:04:06	00:06:50	262m	15'39"/km
3.	103	00:01:28	00:08:18	185m	7'56"/km
4.	104	00:01:15	00:09:33	193m	6'29"/km
5.	105	00:01:33	00:11:06	169m	9'10"/km
6.	106	00:01:21	00:12:27	122m	11'04"/km
7.	107	00:01:18	00:13:45	172m	7'33"/km
8.	92	00:08:14	00:21:59	664m	12'24"/km
9.	88	00:01:57	00:23:56	179m	10'54"/km
10.	89	00:01:15	00:25:11	149m	8'23"/km
11.	129	00:03:04	00:28:15	379m	8'05"/km
12.	95	00:02:10	00:30:25	224m	9'40"/km
13.	112	00:02:31	00:32:56	401m	6'17"/km
14.	108	00:01:14	00:34:10	96m	12'51"/km
15.	109	00:02:50	00:37:00	250m	11'20"/km
16.	110	00:08:02	00:45:02	140m	57'23"/km
17.	111	00:02:20	00:47:22	252m	9'16"/km
18.	139	00:08:24	00:55:46	906m	9'16"/km
19.	98	00:02:24	00:58:10	240m	10'00"/km
20.	113	00:03:36	01:01:46	315m	11'26"/km
21.	115	00:03:43	01:05:29	353m	10'32"/km
22.	140	00:04:07	01:09:36	429m	9'36"/km
23.	118	00:05:55	01:15:31	594m	9'58"/km
24.	120	00:04:22	01:19:53	580m	7'32"/km
25.	131	00:01:58	01:21:51	291m	6'45"/km
26.	122	00:03:16	01:25:07	312m	10'28"/km
27.	135	00:03:43	01:28:50	355m	10'28"/km
28.	132	00:04:12	01:33:02	422m	9'57"/km
29.	84	00:01:00	01:34:02	145m	6'54"/km
30.	999	00:00:31	01:34:33	114m	4'32"/km