



## Forest Cup Ravels Zuid

Ravels 26.11.2023

TROL

**Jozef BELMANS**

K.O.L.

Omloop : H:05

Afstand : 3250m

Tijd : 0:51:19 (15'47"/km)

20/29

O.K.

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- |    |                |         |
|----|----------------|---------|
| 1. | Rudy CANTRE    | 0:30:36 |
| 2. | Ivo TIMMERMANS | 0:33:09 |
| 3. | Rogier VANAKEN | 0:33:53 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 74  | 00:07:29 |          | 468m | 15'59"/km |
| 2.  | 75  | 00:03:14 | 00:10:43 | 186m | 17'23"/km |
| 3.  | 95  | 00:06:25 | 00:17:08 | 401m | 16'00"/km |
| 4.  | 79  | 00:04:06 | 00:21:14 | 276m | 14'51"/km |
| 5.  | 77  | 00:05:50 | 00:27:04 | 391m | 14'55"/km |
| 6.  | 73  | 00:04:48 | 00:31:52 | 256m | 18'45"/km |
| 7.  | 72  | 00:02:11 | 00:34:03 | 166m | 13'09"/km |
| 8.  | 97  | 00:05:01 | 00:39:04 | 304m | 16'30"/km |
| 9.  | 82  | 00:03:25 | 00:42:29 | 284m | 12'02"/km |
| 10. | 71  | 00:05:02 | 00:47:31 | 238m | 21'09"/km |
| 11. | 999 | 00:03:48 | 00:51:19 | 283m | 13'26"/km |

HELGA

Orienteering Software