



Training Volmersberg

Trimpfad St.Vith 26.11.2023

O.L.G. St. Vith ARDOC

Noah BACKES

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Strecke : Kurz schwer

Länge : 3700m (Steigung 130m)

Zeit : 0:36:31 (9'52"/km)

1/4

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Werner HOFFMANN

0:49:35

3. Bernard VENDRIX

1:08:59

1.	101	00:02:23		268m	8'54"/km
2.	102	00:02:33	00:04:56	187m	13'38"/km
3.	103	00:02:18	00:07:14	219m	10'30"/km
4.	106	00:02:11	00:09:25	260m	8'24"/km
5.	107	00:02:36	00:12:01	182m	14'17"/km
6.	108	00:00:43	00:12:44	76m	9'26"/km
7.	109	00:01:19	00:14:03	224m	5'53"/km
8.	110	00:02:01	00:16:04	105m	19'12"/km
9.	111	00:02:11	00:18:15	259m	8'26"/km
10.	115	00:00:55	00:19:10	107m	8'34"/km
11.	116	00:03:29	00:22:39	484m	7'12"/km
12.	117	00:04:02	00:26:41	293m	13'46"/km
13.	118	00:00:45	00:27:26	77m	9'44"/km
14.	225	00:01:04	00:28:30	123m	8'40"/km
15.	226	00:02:33	00:31:03	342m	7'27"/km
16.	227	00:02:29	00:33:32	244m	10'11"/km
17.	228	00:02:03	00:35:35	182m	11'16"/km
18.	120	00:00:56	00:36:31	98m	9'31"/km

Orienteering Software