



Training Volmersberg

Trimpfad St.Vith 26.11.2023

O.L.G. St. Vith ARDOC

Klaus SCHWALL

O.L.V. Eifel

Strecke : Lang schwer

Länge : 5600m (Steigung 185m)

Zeit : 0:59:53 (10'42"/km)

6/10

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Jérémy BREDO	0:47:58
2. Thomas BREDO	0:51:01
3. Karl SCHWALL	0:57:11

1.	101	00:03:42		268m	13'48"/km
2.	102	00:01:27	00:05:09	187m	7'45"/km
3.	103	00:02:15	00:07:24	219m	10'16"/km
4.	104	00:03:21	00:10:45	347m	9'39"/km
5.	105	00:00:32	00:11:17	54m	9'53"/km
6.	106	00:01:14	00:12:31	111m	11'07"/km
7.	107	00:01:58	00:14:29	182m	10'48"/km
8.	108	00:00:55	00:15:24	76m	12'04"/km
9.	109	00:01:27	00:16:51	224m	6'28"/km
10.	110	00:01:41	00:18:32	105m	16'02"/km
11.	111	00:04:24	00:22:56	259m	16'59"/km
12.	112	00:02:12	00:25:08	250m	8'48"/km
13.	113	00:00:45	00:25:53	92m	8'09"/km
14.	114	00:01:54	00:27:47	199m	9'33"/km
15.	115	00:03:23	00:31:10	285m	11'52"/km
16.	116	00:03:36	00:34:46	484m	7'26"/km
17.	117	00:04:23	00:39:09	293m	14'58"/km
18.	118	00:00:48	00:39:57	77m	10'23"/km
19.	220	00:02:22	00:42:19	233m	10'09"/km
20.	221	00:01:39	00:43:58	97m	17'01"/km
21.	222	00:01:02	00:45:00	57m	18'08"/km
22.	223	00:01:32	00:46:32	115m	13'20"/km
23.	224	00:01:36	00:48:08	119m	13'27"/km
24.	225	00:03:18	00:51:26	366m	9'01"/km
25.	226	00:02:45	00:54:11	342m	8'02"/km
26.	227	00:02:27	00:56:38	244m	10'02"/km
27.	228	00:02:29	00:59:07	182m	13'39"/km
28.	120	00:00:46	00:59:53	98m	7'49"/km

Orienteering Software