



Training Volmersberg

Trimpfad St.Vith 26.11.2023

O.L.G. St. Vith ARDOC

Karl SCHWALL

O.L.V. Eifel

Strecke : Lang schwer

Länge : 5600m (Steigung 185m)

Zeit : 0:57:11 (10'13"/km)

3/10

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------|---------|
| 1. Jérémy BREDO | 0:47:58 |
| 2. Thomas BREDO | 0:51:01 |

1.	101	00:02:28		268m	9'12"/km
2.	102	00:01:58	00:04:26	187m	10'31"/km
3.	103	00:02:10	00:06:36	219m	9'54"/km
4.	104	00:03:13	00:09:49	347m	9'16"/km
5.	105	00:00:44	00:10:33	54m	13'35"/km
6.	106	00:00:59	00:11:32	111m	8'52"/km
7.	107	00:01:46	00:13:18	182m	9'42"/km
8.	108	00:00:58	00:14:16	76m	12'43"/km
9.	109	00:01:25	00:15:41	224m	6'19"/km
10.	110	00:01:26	00:17:07	105m	13'39"/km
11.	111	00:02:18	00:19:25	259m	8'53"/km
12.	112	00:02:06	00:21:31	250m	8'24"/km
13.	113	00:00:52	00:22:23	92m	9'25"/km
14.	114	00:02:32	00:24:55	199m	12'44"/km
15.	115	00:03:20	00:28:15	285m	11'42"/km
16.	116	00:03:24	00:31:39	484m	7'01"/km
17.	117	00:04:13	00:35:52	293m	14'23"/km
18.	118	00:00:52	00:36:44	77m	11'15"/km
19.	220	00:01:44	00:38:28	233m	7'26"/km
20.	221	00:01:12	00:39:40	97m	12'22"/km
21.	222	00:01:03	00:40:43	57m	18'25"/km
22.	223	00:01:28	00:42:11	115m	12'45"/km
23.	224	00:02:04	00:44:15	119m	17'22"/km
24.	225	00:03:06	00:47:21	366m	8'28"/km
25.	226	00:03:03	00:50:24	342m	8'55"/km
26.	227	00:03:23	00:53:47	244m	13'52"/km
27.	228	00:02:25	00:56:12	182m	13'17"/km
28.	120	00:00:59	00:57:11	98m	10'02"/km

Orienteering Software