



INVICTUS RACE - CORRIDA COM OBSTÁCULOS

BONITO - PE 19.11.2023

INVICTUS RACE

Josiene Dos Santos

INVICTUS RACE

Course : SUPER ELITE FEMININO

Distance : 4150m (Climbing 220m)

Time : 0:36:54,937 (8'53"/km)

3/11

O.K.

[Full result on Webres](#)

- | | |
|---------------------------------|-------------|
| 1. Maria José Ferreira De Assis | 0:36:00,328 |
| 2. Elane Vapo Vapo | 0:36:37,832 |

1.	71	00:14:44		1600m	9'12"/km	HIDRATAÇÃO
2.	72	00:07:34	00:22:18	1500m	5'03"/km	RETORNO DESCIDA
3.	73	00:04:18	00:26:36	800m	5'22"/km	RETORNO 2
4.	999	00:10:18	00:36:54	700m	14'43"/km	CHEGADA

