



INVICTUS RACE - CORRIDA COM OBSTÁCULOS

BONITO - PE 19.11.2023

INVICTUS RACE

José Nildo Da Silva

INVICTUS RACE

Course : SUPER ELITE MASCULINO

Distance : 4150m (Climbing 220m)

Time : 0:27:44,437 (6'41"/km)

7/21

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Josinaldo João Da Silva | 0:24:53,460 |
| 2. Tiago Braga Santos | 0:25:00,503 |
| 3. Laércio Alves Do Nascimento | 0:25:24,105 |

1.	71	00:10:17		1600m	6'26"/km	HIDRATAÇÃO
2.	72	00:06:01	00:16:18	1500m	4'01"/km	RETORNO DESCIDA
3.	73	00:03:47	00:20:05	800m	4'44"/km	RETORNO 2
4.	999	00:07:39	00:27:44	700m	10'56"/km	CHEGADA

