



INVICTUS RACE - CORRIDA COM OBSTÁCULOS

BONITO - PE 19.11.2023

INVICTUS RACE

Laércio Alves Do Nascimento

INVICTUS RACE

Course : SUPER ELITE MASCULINO

Distance : 4150m (Climbing 220m)

Time : 0:25:24,105 (6'07"/km)

3/21

O.K.

[Full result on Webres](#)

- | | |
|----------------------------|-------------|
| 1. Josinaldo João Da Silva | 0:24:53,460 |
| 2. Tiago Braga Santos | 0:25:00,503 |

1.	71	00:09:46		1600m	6'06"/km	HIDRATAÇÃO
2.	72	00:05:42	00:15:28	1500m	3'48"/km	RETORNO DESCIDA
3.	73	00:03:13	00:18:41	800m	4'01"/km	RETORNO 2
4.	999	00:06:43	00:25:24	700m	9'36"/km	CHEGADA

