



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Jorran VAN DER HEIJDEN

TROL

Omloop : LD

Afstand : 7280m

--/17

niet geklasseerd

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:03:27		467m	7'23"/km
2.	108	00:02:17	00:05:44	234m	9'45"/km
3.	131	00:01:27	00:07:11	170m	8'32"/km
4.	130	00:00:39	00:07:50	94m	6'55"/km
5.	158	00:09:18	00:17:08	981m	9'29"/km
6.	157	00:03:15	00:20:23	347m	9'22"/km
7.	167	00:03:15	00:23:38	304m	10'41"/km
8.	172	00:04:22	00:28:00	522m	8'22"/km
9.	165	00:02:40	00:30:40	312m	8'33"/km
10.	151	00:02:11	00:32:51	108m	20'13"/km
11.	173	00:03:18	00:36:09	413m	7'59"/km
12.	177	00:03:21	00:39:30	370m	9'03"/km
13.	179	00:02:41	00:42:11	407m	6'36"/km
14.	116	00:01:40	00:43:51	236m	7'04"/km
15.	137	00:02:28	00:46:19		
16.	141	00:01:56	00:48:15	186m	10'24"/km
17.	139	00:01:08	00:49:23	140m	8'06"/km
18.	105	00:04:20	00:53:43	483m	8'58"/km
19.	120	00:03:48	00:57:31	327m	11'37"/km
20.	112	00:02:04	00:59:35	182m	11'21"/km
21.	114	00:02:04	01:01:39	217m	9'31"/km
22.	200	00:01:52	01:03:31	284m	6'34"/km
23.	999	00:00:32	01:04:03	130m	4'06"/km

Orienteering Software