



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Jasper LAURENT

Indiv.

Omloop : LD

Afstand : 7280m

Tijd : 1:24:11 (11'34"/km)

12/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:04:37		467m	9'53"/km
2.	108	00:03:07	00:07:44	234m	13'19"/km
3.	131	00:03:07	00:10:51	170m	18'20"/km
4.	130	00:01:20	00:12:11	94m	14'11"/km
5.	158	00:09:01	00:21:12	981m	9'11"/km
6.	157	00:03:42	00:24:54	347m	10'40"/km
7.	167	00:04:15	00:29:09	304m	13'59"/km
8.	172	00:06:11	00:35:20	522m	11'51"/km
9.	165	00:03:35	00:38:55	312m	11'29"/km
10.	151	00:03:03	00:41:58	108m	28'14"/km
11.	173	00:04:25	00:46:23	413m	10'42"/km
12.	177	00:03:18	00:49:41	370m	8'55"/km
13.	179	00:03:29	00:53:10	407m	8'34"/km
14.	116	00:02:10	00:55:20	236m	9'11"/km
15.	136	00:03:19	00:58:39	341m	9'44"/km
16.	141	00:02:41	01:01:20	212m	12'39"/km
17.	139	00:01:59	01:03:19	140m	14'10"/km
18.	105	00:06:33	01:09:52	483m	13'34"/km
19.	120	00:04:53	01:14:45	327m	14'56"/km
20.	112	00:03:26	01:18:11	182m	18'52"/km
21.	114	00:02:35	01:20:46	217m	11'54"/km
22.	200	00:02:44	01:23:30	284m	9'37"/km
23.	999	00:00:41	01:24:11	130m	5'15"/km

Orienteering Software