



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Hilde D'HAESELEER

TROL

Omloop : SE

Afstand : 4190m

Tijd : 1:18:20 (18'42"/km)

4/19

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Egwin COESSENS | 0:45:33 |
| 2. Anja STYNEN | 0:58:42 |
| 3. Ludo AERTS | 1:06:33 |

1.	121	00:05:09		364m	14'09"/km
2.	110	00:04:27	00:09:36	230m	19'21"/km
3.	133	00:03:39	00:13:15	203m	17'59"/km
4.	129	00:04:05	00:17:20	229m	17'50"/km
5.	149	00:10:44	00:28:04	378m	28'24"/km
6.	154	00:08:10	00:36:14	488m	16'44"/km
7.	144	00:04:38	00:40:52	410m	11'18"/km
8.	151	00:08:38	00:49:30	282m	30'37"/km
9.	175	00:04:50	00:54:20	285m	16'58"/km
10.	146	00:02:41	00:57:01	252m	10'39"/km
11.	179	00:04:07	01:01:08	363m	11'20"/km
12.	115	00:03:34	01:04:42	203m	17'34"/km
13.	128	00:09:15	01:13:57	166m	55'43"/km
14.	200	00:03:35	01:17:32	214m	16'45"/km
15.	999	00:00:48	01:18:20	130m	6'09"/km

Orienteering Software