



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Georges VONCK

TROL

Omloop : H75

Afstand : 3470m

Tijd : 0:44:53 (12'56"/km)

4/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Mike IN 'T GROEN | 0:38:32 |
| 2. Georges TIMMERMANS | 0:41:48 |
| 3. Vic VANDERSTRAETEN | 0:43:06 |

1.	101	00:01:46		230m	7'41"/km
2.	118	00:01:51	00:03:37	134m	13'48"/km
3.	124	00:05:04	00:08:41	269m	18'50"/km
4.	130	00:04:56	00:13:37	319m	15'28"/km
5.	139	00:04:39	00:18:16	309m	15'03"/km
6.	143	00:04:07	00:22:23	279m	14'45"/km
7.	150	00:05:22	00:27:45	400m	13'25"/km
8.	175	00:03:42	00:31:27	276m	13'24"/km
9.	176	00:02:20	00:33:47	202m	11'33"/km
10.	179	00:05:16	00:39:03	467m	11'17"/km
11.	126	00:03:47	00:42:50	332m	11'24"/km
12.	200	00:01:18	00:44:08	127m	10'14"/km
13.	999	00:00:45	00:44:53	130m	5'46"/km

HELGA

Orienteering Software