



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Georges TIMMERMANS

K.O.L.

Omloop : H75

Afstand : 3470m

Tijd : 0:41:48 (12'03"/km)

2/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Mike IN 'T GROEN | 0:38:32 |
| 3. Vic VANDERSTRAETEN | 0:43:06 |

1.	101	00:01:53		230m	8'11"/km
2.	118	00:02:16	00:04:09	134m	16'55"/km
3.	124	00:03:17	00:07:26	269m	12'12"/km
4.	130	00:04:44	00:12:10	319m	14'50"/km
5.	139	00:03:49	00:15:59	309m	12'21"/km
6.	143	00:03:59	00:19:58	279m	14'17"/km
7.	150	00:04:50	00:24:48	400m	12'05"/km
8.	175	00:03:31	00:28:19	276m	12'44"/km
9.	176	00:02:46	00:31:05	202m	13'42"/km
10.	179	00:05:11	00:36:16	467m	11'06"/km
11.	126	00:03:43	00:39:59	332m	11'12"/km
12.	200	00:01:08	00:41:07	127m	8'55"/km
13.	999	00:00:41	00:41:48	130m	5'15"/km

HELGA

Orienteering Software