



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Rudy CANTRE

K.O.L.

Omloop : H70

Afstand : 4220m

--/12

niet geklasseerd

[Volledige uitslagen op Webres](#)

- | | |
|------------------------|---------|
| 1. Luc HEUNINCKX | 0:40:15 |
| 2. Jean-Pierre KELLENS | 0:43:43 |
| 3. Frans WENS | 0:44:53 |

1.	77	00:01:56		
2.	75	00:00:30	00:02:26	
3.	76	00:00:50	00:03:16	
4.	82	00:02:48	00:06:04	
5.	81	00:03:37	00:09:41	
6.	135	00:00:56	00:10:37	
7.	119	00:03:02	00:13:39	
8.	101	00:02:23	00:16:02	
9.	102	00:00:54	00:16:56	
10.	87	00:02:44	00:19:40	
11.	106	00:00:38	00:20:18	
12.	104	00:00:37	00:20:55	
13.	109	00:00:53	00:21:48	
14.	111	00:01:29	00:23:17	
15.	91	00:02:56	00:26:13	
16.	113	00:02:20	00:28:33	
17.	123	00:01:20	00:29:53	
18.	121	00:01:03	00:30:56	
19.	122	00:03:57	00:34:53	
20.	130	00:01:55	00:36:48	
21.	125	00:03:39	00:40:27	
22.	117	00:01:22	00:41:49	
23.	136	00:00:53	00:42:42	
24.	108	00:00:57	00:43:39	
25.	165	00:00:37	00:44:16	
26.	121	00:00:00	00:44:16	
27.	106	00:01:40	00:45:56	118m 14'07"/km
28.	108	00:01:58	00:47:54	234m 8'24"/km
29.	133	00:02:03	00:49:57	209m 9'49"/km
30.	139	00:03:03	00:53:00	311m 9'48"/km
31.	999	00:25:39	01:18:39	

Orienteering Software