



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Jozef BELMANS

K.O.L.

Omloop : H70

Afstand : 4220m

Tijd : 1:19:50 (18'55"/km)

11/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------------|---------|
| 1. Luc HEUNINCKX | 0:40:15 |
| 2. Jean-Pierre KELLENS | 0:43:43 |
| 3. Frans WENS | 0:44:53 |

1.	121	00:04:47		364m	13'08"/km
2.	106	00:02:04	00:06:51	118m	17'31"/km
3.	108	00:03:59	00:10:50	234m	17'01"/km
4.	133	00:07:16	00:18:06	209m	34'46"/km
5.	139	00:06:08	00:24:14	311m	19'43"/km
6.	141	00:05:10	00:29:24	140m	36'54"/km
7.	161	00:06:52	00:36:16	298m	23'03"/km
8.	162	00:06:52	00:43:08	360m	19'04"/km
9.	164	00:05:11	00:48:19	248m	20'54"/km
10.	174	00:05:10	00:53:29	325m	15'54"/km
11.	176	00:05:43	00:59:12	422m	13'33"/km
12.	177	00:03:17	01:02:29	187m	17'33"/km
13.	179	00:05:58	01:08:27	407m	14'40"/km
14.	113	00:04:08	01:12:35	132m	31'19"/km
15.	126	00:04:07	01:16:42	206m	19'59"/km
16.	200	00:01:52	01:18:34	127m	14'42"/km
17.	999	00:01:16	01:19:50	130m	9'45"/km

Orienteering Software