



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Jan VAN DER ELST

Omega

Omloop : H60

Afstand : 6140m

Tijd : 0:58:15 (9'29"/km)

6/18

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Luc MELIS | 0:46:32 |
| 2. Philippe TAELEMANS | 0:50:15 |
| 3. Nikolaj WANNER | 0:51:12 |

1.	122	00:02:38		330m	7'59"/km
2.	106	00:01:48	00:04:26	139m	12'57"/km
3.	124	00:02:08	00:06:34	108m	19'45"/km
4.	105	00:01:18	00:07:52	134m	9'42"/km
5.	132	00:02:47	00:10:39	273m	10'12"/km
6.	140	00:03:01	00:13:40	336m	8'59"/km
7.	177	00:06:42	00:20:22	843m	7'57"/km
8.	173	00:02:38	00:23:00	370m	7'07"/km
9.	175	00:01:27	00:24:27	172m	8'26"/km
10.	172	00:05:50	00:30:17	562m	10'23"/km
11.	171	00:01:32	00:31:49	113m	13'34"/km
12.	163	00:03:00	00:34:49	250m	12'00"/km
13.	153	00:02:19	00:37:08	229m	10'07"/km
14.	148	00:07:33	00:44:41	695m	10'52"/km
15.	138	00:05:08	00:49:49	495m	10'22"/km
16.	179	00:03:42	00:53:31	482m	7'41"/km
17.	114	00:01:52	00:55:23	173m	10'47"/km
18.	126	00:01:26	00:56:49	177m	8'06"/km
19.	200	00:00:53	00:57:42	127m	6'57"/km
20.	999	00:00:33	00:58:15	130m	4'14"/km

Orienteering Software