



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Olivier DE SMUL

Omega

Omloop : H50

Afstand : 6740m

Tijd : 0:48:40 (7'13"/km)

3/14

O.K.

[Volledige uitslagen op Webres](#)

1. Roland VAN LOON 0:45:52
2. Jan-Gerard VAN DER TOORN 0:47:01

1.	120	00:01:36		253m	6'19"/km
2.	117	00:01:11	00:02:47	154m	7'41"/km
3.	122	00:01:32	00:04:19	203m	7'33"/km
4.	103	00:01:50	00:06:09	202m	9'05"/km
5.	139	00:07:21	00:13:30	652m	11'16"/km
6.	149	00:02:44	00:16:14	310m	8'49"/km
7.	158	00:04:29	00:20:43	598m	7'30"/km
8.	166	00:02:05	00:22:48	324m	6'26"/km
9.	164	00:04:15	00:27:03	693m	6'08"/km
10.	174	00:02:02	00:29:05	325m	6'15"/km
11.	175	00:01:19	00:30:24	226m	5'50"/km
12.	150	00:02:00	00:32:24	276m	7'15"/km
13.	161	00:02:12	00:34:36	366m	6'01"/km
14.	141	00:02:14	00:36:50	298m	7'30"/km
15.	137	00:01:24	00:38:14	186m	7'32"/km
16.	145	00:01:34	00:39:48	233m	6'43"/km
17.	178	00:03:01	00:42:49	488m	6'11"/km
18.	113	00:03:16	00:46:05	487m	6'42"/km
19.	126	00:01:17	00:47:22	206m	6'14"/km
20.	200	00:00:52	00:48:14	127m	6'49"/km
21.	999	00:00:26	00:48:40	130m	3'20"/km

Orienteering Software