



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Desmond FRANSSEN

TROL

Omloop : H21

Afstand : 9410m

Tijd : 0:53:18 (5'40"/km)

2/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:53:08 |
| 3. Jeroen HOEKX | 0:54:08 |

1.	120	00:01:23		253m	5'28"/km
2.	124	00:02:18	00:03:41	401m	5'44"/km
3.	130	00:01:59	00:05:40	319m	6'13"/km
4.	140	00:02:10	00:07:50	387m	5'36"/km
5.	142	00:01:12	00:09:02	159m	7'33"/km
6.	148	00:01:10	00:10:12	238m	4'54"/km
7.	160	00:01:12	00:11:24	239m	5'01"/km
8.	158	00:01:35	00:12:59	255m	6'13"/km
9.	170	00:01:44	00:14:43	330m	5'15"/km
10.	156	00:02:29	00:17:12	416m	5'58"/km
11.	168	00:02:00	00:19:12	308m	6'30"/km
12.	169	00:00:38	00:19:50	89m	7'07"/km
13.	171	00:02:54	00:22:44	517m	5'37"/km
14.	164	00:01:11	00:23:55	187m	6'20"/km
15.	163	00:01:05	00:25:00	165m	6'34"/km
16.	138	00:04:56	00:29:56	919m	5'22"/km
17.	178	00:04:21	00:34:17	793m	5'29"/km
18.	173	00:02:35	00:36:52	414m	6'14"/km
19.	155	00:04:45	00:41:37	763m	6'14"/km
20.	154	00:01:08	00:42:45	230m	4'56"/km
21.	161	00:00:54	00:43:39	165m	5'27"/km
22.	175	00:03:10	00:46:49	638m	4'58"/km
23.	179	00:03:02	00:49:51	612m	4'57"/km
24.	112	00:01:34	00:51:25	185m	8'28"/km
25.	200	00:01:28	00:52:53	292m	5'01"/km
26.	999	00:00:25	00:53:18	130m	3'12"/km

Orienteering Software