



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Warre DE CUYPER

K.O.L.

Omloop : H21

Afstand : 9410m

Tijd : 0:53:08 (5'39"/km)

1/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 2. Desmond FRANSSEN | 0:53:18 |
| 3. Jeroen HOEKX | 0:54:08 |

1.	120	00:01:31		253m	6'00"/km
2.	124	00:02:31	00:04:02	401m	6'17"/km
3.	130	00:01:48	00:05:50	319m	5'39"/km
4.	140	00:02:53	00:08:43	387m	7'27"/km
5.	142	00:01:02	00:09:45	159m	6'30"/km
6.	148	00:01:53	00:11:38	238m	7'55"/km
7.	160	00:01:09	00:12:47	239m	4'49"/km
8.	158	00:01:28	00:14:15	255m	5'45"/km
9.	170	00:01:41	00:15:56	330m	5'06"/km
10.	156	00:02:08	00:18:04	416m	5'08"/km
11.	168	00:03:11	00:21:15	308m	10'20"/km
12.	169	00:00:31	00:21:46	89m	5'48"/km
13.	171	00:02:23	00:24:09	517m	4'37"/km
14.	164	00:01:16	00:25:25	187m	6'46"/km
15.	163	00:01:03	00:26:28	165m	6'22"/km
16.	138	00:04:52	00:31:20	919m	5'18"/km
17.	178	00:03:39	00:34:59	793m	4'36"/km
18.	173	00:01:54	00:36:53	414m	4'35"/km
19.	155	00:04:03	00:40:56	763m	5'18"/km
20.	154	00:01:02	00:41:58	230m	4'30"/km
21.	161	00:01:58	00:43:56	165m	11'55"/km
22.	175	00:03:01	00:46:57	638m	4'44"/km
23.	179	00:02:52	00:49:49	612m	4'41"/km
24.	112	00:01:19	00:51:08	185m	7'07"/km
25.	200	00:01:37	00:52:45	292m	5'32"/km
26.	999	00:00:23	00:53:08	130m	2'57"/km

Orienteering Software