



Vlaams kampioenschap lange afstand Leopoldsburg 19.11.2023 K.O.L.

Thomas JANSEN

Omega

Omloop : H-16

Afstand : 6740m

Tijd : 0:45:55 (6'49"/km)

2/6

O.K.

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- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:44:26 |
| 3. Thor DE MITS | 0:56:21 |

1.	120	00:02:58	253m	11'44"/km
2.	117	00:01:00 00:03:58	154m	6'30"/km
3.	122	00:01:14 00:05:12	203m	6'05"/km
4.	103	00:02:55 00:08:07	202m	14'26"/km
5.	139	00:04:41 00:12:48	652m	7'11"/km
6.	149	00:02:25 00:15:13	310m	7'48"/km
7.	158	00:04:04 00:19:17	598m	6'48"/km
8.	166	00:02:10 00:21:27	324m	6'41"/km
9.	164	00:04:16 00:25:43	693m	6'09"/km
10.	174	00:01:53 00:27:36	325m	5'48"/km
11.	175	00:01:13 00:28:49	226m	5'23"/km
12.	150	00:01:32 00:30:21	276m	5'33"/km
13.	161	00:02:06 00:32:27	366m	5'44"/km
14.	141	00:01:55 00:34:22	298m	6'26"/km
15.	137	00:01:18 00:35:40	186m	6'59"/km
16.	145	00:01:33 00:37:13	233m	6'39"/km
17.	178	00:03:11 00:40:24	488m	6'31"/km
18.	113	00:03:03 00:43:27	487m	6'16"/km
19.	126	00:01:16 00:44:43	206m	6'09"/km
20.	200	00:00:48 00:45:31	127m	6'18"/km
21.	999	00:00:24 00:45:55	130m	3'05"/km

Orienteering Software