



**Vlaams kampioenschap lange afstand**  
**Leopoldsburg 19.11.2023**  
**K.O.L.**

**Walter VAN KRUNCKELSVEN**

Omega

Omloop : H-10

Afstand : 2250m

Tijd : 0:34:40 (15'24"/km)

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O.K.

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- |                        |         |
|------------------------|---------|
| 1. Jens DEFERM         | 0:16:06 |
| 2. Jakob VAN DER KLEIJ | 0:23:11 |
| 3. Jorrit JONGBLOED    | 0:26:34 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:02:56 |          | 230m | 12'45"/km |
| 2.  | 123 | 00:03:20 | 00:06:16 | 202m | 16'30"/km |
| 3.  | 107 | 00:02:03 | 00:08:19 | 135m | 15'11"/km |
| 4.  | 109 | 00:02:03 | 00:10:22 | 153m | 13'24"/km |
| 5.  | 110 | 00:01:23 | 00:11:45 | 112m | 12'21"/km |
| 6.  | 111 | 00:02:07 | 00:13:52 | 134m | 15'48"/km |
| 7.  | 131 | 00:03:06 | 00:16:58 | 130m | 23'51"/km |
| 8.  | 134 | 00:03:57 | 00:20:55 | 199m | 19'51"/km |
| 9.  | 135 | 00:02:02 | 00:22:57 | 110m | 18'29"/km |
| 10. | 115 | 00:03:03 | 00:26:00 | 254m | 12'00"/km |
| 11. | 147 | 00:02:21 | 00:28:21 | 118m | 19'55"/km |
| 12. | 128 | 00:02:20 | 00:30:41 | 132m | 17'41"/km |
| 13. | 200 | 00:02:32 | 00:33:13 | 214m | 11'50"/km |
| 14. | 999 | 00:01:27 | 00:34:40 | 130m | 11'09"/km |

HELGA

Orienteering Software