



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Paulette BLOMMEN

Omega

Omloop : D70

Afstand : 3170m

Tijd : 0:41:37 (13'08"/km)

2/8

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Odette MORET | 0:37:28 |
| 3. Lisette EYKMANS | 0:42:15 |

1.	102	00:04:43		287m	16'26"/km
2.	105	00:04:32	00:09:15	276m	16'26"/km
3.	132	00:03:34	00:12:49	273m	13'04"/km
4.	139	00:03:27	00:16:16	263m	13'07"/km
5.	141	00:02:35	00:18:51	140m	18'27"/km
6.	145	00:04:33	00:23:24	369m	12'20"/km
7.	146	00:01:27	00:24:51	160m	9'04"/km
8.	176	00:01:48	00:26:39	174m	10'21"/km
9.	178	00:03:38	00:30:17	238m	15'16"/km
10.	179	00:04:53	00:35:10	407m	12'00"/km
11.	126	00:04:18	00:39:28	332m	12'57"/km
12.	200	00:01:19	00:40:47	127m	10'22"/km
13.	999	00:00:50	00:41:37	130m	6'25"/km

HELGA

Orienteering Software