



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Julienne VANREUSEL

hamok

Omloop : D65

Afstand : 3470m

Tijd : 0:38:42 (11'09"/km)

1/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 2. Simonne SILVI | 0:46:30 |
| 3. Liset HENDRICKX | 0:47:05 |

1.	101	00:01:49		230m	7'54"/km
2.	118	00:02:26	00:04:15	134m	18'10"/km
3.	124	00:02:59	00:07:14	269m	11'05"/km
4.	130	00:05:08	00:12:22	319m	16'06"/km
5.	139	00:02:57	00:15:19	309m	9'33"/km
6.	143	00:02:52	00:18:11	279m	10'16"/km
7.	150	00:05:11	00:23:22	400m	12'58"/km
8.	175	00:03:33	00:26:55	276m	12'52"/km
9.	176	00:02:25	00:29:20	202m	11'58"/km
10.	179	00:04:55	00:34:15	467m	10'32"/km
11.	126	00:02:55	00:37:10	332m	8'47"/km
12.	200	00:00:57	00:38:07	127m	7'29"/km
13.	999	00:00:35	00:38:42	130m	4'29"/km

HELGA

Orienteering Software