



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Katleen VAN DE MOORTELE

Omega

Omloop : D55

Afstand : 5190m

Tijd : 1:02:42 (12'05"/km)

2/7

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Betty DE MEYER | 0:59:59 |
| 3. Maria HENKES | 1:02:48 |

1.	117	00:04:00		391m	10'14"/km
2.	122	00:02:09	00:06:09	203m	10'35"/km
3.	106	00:01:49	00:07:58	139m	13'04"/km
4.	108	00:02:54	00:10:52	234m	12'24"/km
5.	138	00:11:02	00:21:54	472m	23'23"/km
6.	149	00:05:48	00:27:42	452m	12'50"/km
7.	148	00:02:22	00:30:04	121m	19'34"/km
8.	143	00:03:40	00:33:44	341m	10'45"/km
9.	162	00:05:07	00:38:51	457m	11'12"/km
10.	164	00:03:05	00:41:56	248m	12'26"/km
11.	172	00:02:14	00:44:10	172m	12'59"/km
12.	174	00:03:41	00:47:51	340m	10'50"/km
13.	145	00:04:16	00:52:07	459m	9'18"/km
14.	136	00:01:44	00:53:51	180m	9'38"/km
15.	179	00:03:47	00:57:38	400m	9'27"/km
16.	114	00:01:45	00:59:23	173m	10'07"/km
17.	200	00:02:39	01:02:02	284m	9'20"/km
18.	999	00:00:40	01:02:42	130m	5'08"/km

Orienteering Software