



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Betty DE MEYER

TROL

Course : D55

Distance : 5190m

Time : 0:59:59 (11'33"/km)

1/7

O.K.

[Full result on Webres](#)

2. Katleen VAN DE MOORTELE

1:02:42

3. Maria HENKES

1:02:48

1.	117	00:03:50		391m	9'48"/km
2.	122	00:02:07	00:05:57	203m	10'26"/km
3.	106	00:01:49	00:07:46	139m	13'04"/km
4.	108	00:02:48	00:10:34	234m	11'58"/km
5.	138	00:05:16	00:15:50	472m	11'09"/km
6.	149	00:05:29	00:21:19	452m	12'08"/km
7.	148	00:03:01	00:24:20	121m	24'56"/km
8.	143	00:04:38	00:28:58	341m	13'35"/km
9.	162	00:04:57	00:33:55	457m	10'50"/km
10.	164	00:03:04	00:36:59	248m	12'22"/km
11.	172	00:02:14	00:39:13	172m	12'59"/km
12.	174	00:05:16	00:44:29	340m	15'29"/km
13.	145	00:03:25	00:47:54	459m	7'27"/km
14.	136	00:02:09	00:50:03	180m	11'57"/km
15.	179	00:04:01	00:54:04	400m	10'02"/km
16.	114	00:02:42	00:56:46	173m	15'36"/km
17.	200	00:02:37	00:59:23	284m	9'13"/km
18.	999	00:00:36	00:59:59	130m	4'37"/km

Orienteering Software