



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Greet OEYEN

hamok

Omloop : D21

Afstand : 7530m

Tijd : 0:55:57 (7'26"/km)

1/6

O.K.

[Volledige uitslagen op Webres](#)

2. Julia KREKELS	1:02:19
3. Lies DEFERME	1:10:25

1.	102	00:01:30		287m	5'14"/km
2.	106	00:02:09	00:03:39	304m	7'04"/km
3.	124	00:00:48	00:04:27	108m	7'24"/km
4.	139	00:03:54	00:08:21	568m	6'52"/km
5.	148	00:03:30	00:11:51	351m	9'58"/km
6.	160	00:01:54	00:13:45	239m	7'57"/km
7.	158	00:01:45	00:15:30	255m	6'52"/km
8.	166	00:04:20	00:19:50	324m	13'22"/km
9.	167	00:02:09	00:21:59	328m	6'33"/km
10.	172	00:03:43	00:25:42	522m	7'07"/km
11.	174	00:02:22	00:28:04	340m	6'58"/km
12.	173	00:02:05	00:30:09	272m	7'40"/km
13.	177	00:02:37	00:32:46	370m	7'04"/km
14.	145	00:02:40	00:35:26	444m	6'00"/km
15.	164	00:04:14	00:39:40	623m	6'48"/km
16.	155	00:02:35	00:42:15	335m	7'43"/km
17.	142	00:03:45	00:46:00	477m	7'52"/km
18.	136	00:03:29	00:49:29	395m	8'49"/km
19.	179	00:02:33	00:52:02	400m	6'22"/km
20.	113	00:01:04	00:53:06	132m	8'05"/km
21.	126	00:01:27	00:54:33	206m	7'02"/km
22.	200	00:00:52	00:55:25	127m	6'49"/km
23.	999	00:00:32	00:55:57	130m	4'06"/km

Orienteering Software