



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Sien GORIS

K.O.L.

Omloop : D-16

Afstand : 6140m

Tijd : 1:31:15 (14'52"/km)

1/1

O.K.

[Volledige uitslagen op Webres](#)

1.	122	00:02:54		330m	8'47"/km
2.	106	00:03:03	00:05:57	139m	21'57"/km
3.	124	00:03:11	00:09:08	108m	29'29"/km
4.	105	00:02:44	00:11:52	134m	20'24"/km
5.	132	00:04:20	00:16:12	273m	15'52"/km
6.	140	00:04:32	00:20:44	336m	13'30"/km
7.	177	00:09:54	00:30:38	843m	11'45"/km
8.	173	00:05:17	00:35:55	370m	14'17"/km
9.	175	00:01:46	00:37:41	172m	10'16"/km
10.	172	00:07:33	00:45:14	562m	13'26"/km
11.	171	00:02:58	00:48:12	113m	26'15"/km
12.	163	00:04:39	00:52:51	250m	18'36"/km
13.	153	00:04:16	00:57:07	229m	18'38"/km
14.	148	00:09:19	01:06:26	695m	13'24"/km
15.	138	00:07:21	01:13:47	495m	14'51"/km
16.	179	00:11:23	01:25:10	482m	23'37"/km
17.	114	00:02:40	01:27:50	173m	15'25"/km
18.	126	00:01:43	01:29:33	177m	9'42"/km
19.	200	00:01:06	01:30:39	127m	8'40"/km
20.	999	00:00:36	01:31:15	130m	4'37"/km

Orienteering Software