



TRAIL RUN F5 - ETAPA 7
PARIPUEIRA - AL 12.11.2023
TRAIL RUN F5

Sônia

Vida corrida

Course : 6 KM SOLO FEMININO

Distance : 6840m (Climbing 195m)

Time : 1:12:40 (10'37"/km)

60/198

O.K.

[Full result on Webres](#)

- | | |
|---------------------|-------------|
| 1. RANUDIA DA SILVA | 0:39:57,046 |
| 2. Daniela | 0:46:03,593 |
| 3. Irys | 0:47:39,046 |

HELGA



Orienteering Software