



BOC #2 - Double Sprint - Sprint 1

Les Trois Tilleuls 12.11.2023

ASUB

Sébastien FRANCO

CO Liège

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:30:06 (7'32"/km)

13/44

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:28 |
| 2. Warre DE CUYPER | 0:23:24 |
| 3. Jorn KENNIS | 0:24:14 |

1.	131	00:00:44		116m	6'19"/km
2.	132	00:00:39	00:01:23	41m	15'51"/km
3.	133	00:00:35	00:01:58	70m	8'20"/km
4.	134	00:00:23	00:02:21	67m	5'43"/km
5.	135	00:01:04	00:03:25	223m	4'47"/km
6.	136	00:01:41	00:05:06	196m	8'35"/km
7.	137	00:00:50	00:05:56	93m	8'58"/km
8.	138	00:00:50	00:06:46	123m	6'47"/km
9.	139	00:00:55	00:07:41	110m	8'20"/km
10.	140	00:00:32	00:08:13	63m	8'28"/km
11.	141	00:00:59	00:09:12	99m	9'56"/km
12.	142	00:01:28	00:10:40	227m	6'28"/km
13.	143	00:01:18	00:11:58	160m	8'08"/km
14.	144	00:00:50	00:12:48	130m	6'25"/km
15.	145	00:00:36	00:13:24	114m	5'16"/km
16.	146	00:00:59	00:14:23	154m	6'23"/km
17.	147	00:00:55	00:15:18	155m	5'55"/km
18.	148	00:01:16	00:16:34	97m	13'04"/km
19.	149	00:02:03	00:18:37	251m	8'10"/km
20.	150	00:01:37	00:20:14	150m	10'47"/km
21.	151	00:01:11	00:21:25	155m	7'38"/km
22.	152	00:00:53	00:22:18	139m	6'21"/km
23.	153	00:01:04	00:23:22	155m	6'53"/km
24.	154	00:00:24	00:23:46	76m	5'16"/km
25.	155	00:00:45	00:24:31	81m	9'16"/km
26.	156	00:00:57	00:25:28	84m	11'19"/km
27.	157	00:00:52	00:26:20	124m	6'59"/km
28.	158	00:00:39	00:26:59	84m	7'44"/km
29.	159	00:01:47	00:28:46	250m	7'08"/km
30.	160	00:00:56	00:29:42	134m	6'58"/km
31.	999	00:00:24	00:30:06	75m	5'20"/km