



BOC #2 - Double Sprint - Sprint 2

Les Trois Tilleuls 12.11.2023

ASUB

Lok Hin MA

Antwerp Orienteers

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:35:05 (8'46"/km)

13/46

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:25:48 |
| 2. Warre DE CUYPER | 0:27:17 |
| 3. Jorn KENNIS | 0:29:08 |

1.	101	00:01:33		240m	6'28"/km
2.	102	00:01:43	00:03:16	43m	39'55"/km
3.	103	00:01:08	00:04:24	78m	14'32"/km
4.	104	00:01:41	00:06:05	188m	8'57"/km
5.	105	00:00:59	00:07:04	94m	10'28"/km
6.	106	00:01:35	00:08:39	172m	9'12"/km
7.	107	00:01:28	00:10:07	206m	7'07"/km
8.	108	00:00:37	00:10:44	76m	8'07"/km
9.	109	00:01:25	00:12:09	143m	9'54"/km
10.	110	00:00:53	00:13:02	91m	9'42"/km
11.	111	00:01:22	00:14:24	175m	7'49"/km
12.	112	00:00:53	00:15:17	86m	10'16"/km
13.	113	00:00:43	00:16:00	80m	8'58"/km
14.	114	00:00:44	00:16:44	88m	8'20"/km
15.	115	00:00:32	00:17:16	75m	7'07"/km
16.	116	00:01:21	00:18:37	169m	7'59"/km
17.	117	00:00:32	00:19:09	95m	5'37"/km
18.	118	00:01:18	00:20:27	125m	10'24"/km
19.	119	00:01:15	00:21:42	146m	8'34"/km
20.	120	00:01:11	00:22:53	163m	7'16"/km
21.	121	00:01:02	00:23:55	135m	7'39"/km
22.	122	00:00:25	00:24:20	65m	6'25"/km
23.	123	00:00:59	00:25:19	163m	6'02"/km
24.	124	00:00:42	00:26:01	73m	9'35"/km
25.	125	00:01:38	00:27:39	205m	7'58"/km
26.	126	00:02:41	00:30:20	339m	7'55"/km
27.	127	00:01:09	00:31:29	88m	13'04"/km
28.	128	00:01:29	00:32:58	144m	10'18"/km
29.	129	00:01:13	00:34:11	142m	8'34"/km
30.	130	00:00:31	00:34:42	62m	8'20"/km
31.	999	00:00:23	00:35:05	71m	5'24"/km