



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altaïr Orientation

Alain THIRY

CO Liège

Circuit : H:Bleu

Distance : 3050m (Dénivelé 85m)

Temps : 1:43:31 (33'56"/km)

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O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Noé BERNARD | 0:45:06 |
| 2. Jacques FLAMENT | 0:51:58 |
| 3. Aurélien LEBOURG | 0:52:47 |
| 3. Nicolas FRANCOIS | 0:52:47 |

1.	172	00:02:47		106m	26'15"/km
2.	186	00:02:18	00:05:05	95m	24'13"/km
3.	199	00:03:28	00:08:33	118m	29'23"/km
4.	179	00:11:57	00:20:30	443m	26'59"/km
5.	192	00:06:19	00:26:49	272m	23'13"/km
6.	180	00:21:03	00:47:52	321m	65'35"/km
7.	72	00:09:33	00:57:25	232m	41'10"/km
8.	189	00:10:46	01:08:11	273m	39'26"/km
9.	67	00:05:22	01:13:33	136m	39'28"/km
10.	65	00:07:46	01:21:19	256m	30'20"/km
11.	184	00:02:58	01:24:17	77m	38'32"/km
12.	195	00:08:13	01:32:30	249m	33'00"/km
13.	185	00:01:47	01:34:17	76m	23'28"/km
14.	255	00:07:08	01:41:25	254m	28'05"/km
15.	999	00:02:06	01:43:31	109m	19'16"/km

Orienteering Software