



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Tino NIJST

Omega

Circuit : H:Noir Moyen

Distance : 4740m (Dénivelé 180m)

Temps : 1:14:41 (15'45"/km)

14/35

O.K.

[Résultats complets sur Webres](#)

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|---------------------------|---------|
| 1. Tim STEDMAN | 0:52:32 |
| 2. André PIERLOT | 0:52:44 |
| 3. Jorran VAN DER HEIJDEN | 0:57:21 |

1.	183	00:04:20		311m	13'56"/km
2.	68	00:04:24	00:08:44	290m	15'10"/km
3.	169	00:06:48	00:15:32	374m	18'11"/km
4.	187	00:02:15	00:17:47	121m	18'36"/km
5.	72	00:03:19	00:21:06	261m	12'42"/km
6.	189	00:03:34	00:24:40	273m	13'04"/km
7.	190	00:03:56	00:28:36	215m	18'18"/km
8.	191	00:08:41	00:37:17	579m	15'00"/km
9.	176	00:05:07	00:42:24	260m	19'41"/km
10.	192	00:03:55	00:46:19	309m	12'41"/km
11.	193	00:01:41	00:48:00	83m	20'17"/km
12.	194	00:05:24	00:53:24	232m	23'17"/km
13.	175	00:04:59	00:58:23	401m	12'26"/km
14.	171	00:04:36	01:02:59	283m	16'15"/km
15.	65	00:05:55	01:08:54	274m	21'36"/km
16.	66	00:02:37	01:11:31	157m	16'40"/km
17.	255	00:02:07	01:13:38	167m	12'40"/km
18.	999	00:01:03	01:14:41	109m	9'38"/km

Orienteering Software