



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Jean-Claude JIMENEZ

hamok

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

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non classé

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:04:50		410m	11'47"/km
2.	190	00:01:22	00:06:12	143m	9'33"/km
3.	66	00:01:14	00:07:26	104m	11'52"/km
4.	67	00:03:17	00:10:43	179m	18'21"/km
5.	68	00:02:00	00:12:43	284m	7'03"/km
6.	69	00:01:00	00:13:43	123m	8'08"/km
7.	70	00:01:22	00:15:05	87m	15'43"/km
8.	71	00:01:25	00:16:30	102m	13'53"/km
9.	72	00:02:36	00:19:06	262m	9'55"/km
10.	187	00:02:52	00:21:58	261m	10'59"/km
11.	167	00:03:00	00:24:58	314m	9'33"/km
12.	166	00:01:24	00:26:22	117m	11'58"/km
13.	169	00:04:50	00:31:12	383m	12'37"/km
14.	171	00:03:00	00:34:12	276m	10'52"/km
15.	195	00:02:50	00:37:02	192m	14'45"/km
16.	174	00:03:34	00:40:36	355m	10'03"/km
17.	175	00:03:04	00:43:40	355m	8'38"/km
18.	176	00:01:36	00:45:16	136m	11'46"/km
19.	179	00:02:15	00:47:31	240m	9'23"/km
20.	193	00:03:52	00:51:23	287m	13'28"/km
21.	180	00:07:31	00:58:54	402m	18'42"/km
22.	183	00:04:50	01:03:44	254m	19'02"/km
23.	255	00:02:03	01:05:47		
24.	999	00:00:36	01:06:23	109m	5'30"/km

Orienteering Software