



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Philippe SINAËVE

Balise 10

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:17:35 (13'30"/km)

46/63

O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:05:02		410m	12'17"/km
2.	190	00:01:41	00:06:43	143m	11'46"/km
3.	66	00:01:30	00:08:13	104m	14'25"/km
4.	67	00:02:58	00:11:11	179m	16'34"/km
5.	68	00:02:44	00:13:55	284m	9'37"/km
6.	69	00:01:16	00:15:11	123m	10'18"/km
7.	70	00:01:36	00:16:47	87m	18'23"/km
8.	71	00:01:58	00:18:45	102m	19'17"/km
9.	72	00:02:54	00:21:39	262m	11'04"/km
10.	187	00:03:55	00:25:34	261m	15'00"/km
11.	167	00:03:44	00:29:18	314m	11'53"/km
12.	166	00:02:25	00:31:43	117m	20'39"/km
13.	169	00:05:45	00:37:28	383m	15'01"/km
14.	171	00:04:13	00:41:41	276m	15'17"/km
15.	195	00:01:41	00:43:22	192m	8'46"/km
16.	174	00:04:47	00:48:09	355m	13'28"/km
17.	175	00:03:46	00:51:55	355m	10'37"/km
18.	176	00:03:24	00:55:19	136m	25'00"/km
19.	179	00:02:47	00:58:06	240m	11'36"/km
20.	193	00:02:52	01:00:58	287m	9'59"/km
21.	180	00:05:54	01:06:52	402m	14'41"/km
22.	183	00:05:12	01:12:04	254m	20'28"/km
23.	184	00:01:47	01:13:51	117m	15'15"/km
24.	255	00:02:55	01:16:46	223m	13'05"/km
25.	999	00:00:42	01:17:28	109m	6'25"/km

Orienteering Software