



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Jan DE CLERCK

TROL

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:05:34 (11'24"/km)

38/63

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:06:21		410m	15'29"/km
2.	190	00:01:05	00:07:26	143m	7'35"/km
3.	66	00:00:54	00:08:20	104m	8'39"/km
4.	67	00:01:31	00:09:51	179m	8'28"/km
5.	68	00:01:51	00:11:42	284m	6'31"/km
6.	69	00:00:53	00:12:35	123m	7'11"/km
7.	70	00:00:50	00:13:25	87m	9'35"/km
8.	71	00:06:51	00:20:16	102m	67'09"/km
9.	72	00:02:14	00:22:30	262m	8'31"/km
10.	187	00:02:28	00:24:58	261m	9'27"/km
11.	167	00:02:27	00:27:25	314m	7'48"/km
12.	166	00:01:15	00:28:40	117m	10'41"/km
13.	169	00:07:06	00:35:46	383m	18'32"/km
14.	171	00:03:13	00:38:59	276m	11'39"/km
15.	195	00:01:51	00:40:50	192m	9'38"/km
16.	174	00:03:18	00:44:08	355m	9'18"/km
17.	175	00:02:46	00:46:54	355m	7'48"/km
18.	176	00:01:30	00:48:24	136m	11'02"/km
19.	179	00:02:09	00:50:33	240m	8'58"/km
20.	193	00:02:25	00:52:58	287m	8'25"/km
21.	180	00:04:32	00:57:30	402m	11'17"/km
22.	183	00:04:08	01:01:38	254m	16'16"/km
23.	184	00:01:24	01:03:02	117m	11'58"/km
24.	255	00:01:52	01:04:54	223m	8'22"/km
25.	999	00:00:40	01:05:34	109m	6'07"/km

Orienteering Software