



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Eero SAUE

ASUB

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:05:33 (11'24"/km)

37/63

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:03:52		410m	9'26"/km
2.	190	00:02:49	00:06:41	143m	19'42"/km
3.	66	00:00:50	00:07:31	104m	8'01"/km
4.	67	00:02:10	00:09:41	179m	12'06"/km
5.	68	00:01:48	00:11:29	284m	6'20"/km
6.	69	00:01:03	00:12:32	123m	8'32"/km
7.	70	00:00:57	00:13:29	87m	10'55"/km
8.	71	00:00:57	00:14:26	102m	9'19"/km
9.	72	00:02:18	00:16:44	262m	8'47"/km
10.	187	00:05:38	00:22:22	261m	21'35"/km
11.	167	00:03:17	00:25:39	314m	10'27"/km
12.	166	00:01:14	00:26:53	117m	10'32"/km
13.	169	00:05:26	00:32:19	383m	14'11"/km
14.	171	00:03:05	00:35:24	276m	11'10"/km
15.	195	00:02:18	00:37:42	192m	11'59"/km
16.	174	00:04:11	00:41:53	355m	11'47"/km
17.	175	00:02:49	00:44:42	355m	7'56"/km
18.	176	00:02:20	00:47:02	136m	17'09"/km
19.	179	00:02:46	00:49:48	240m	11'32"/km
20.	193	00:02:06	00:51:54	287m	7'19"/km
21.	180	00:04:24	00:56:18	402m	10'57"/km
22.	183	00:03:28	00:59:46	254m	13'39"/km
23.	184	00:03:01	01:02:47	117m	25'47"/km
24.	255	00:02:13	01:05:00	223m	9'56"/km
25.	999	00:00:33	01:05:33	109m	5'03"/km

Orienteering Software