



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Yves DE MITS

TROL

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:03:32 (11'03"/km)

31/63

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:04:10		410m	10'10"/km
2.	190	00:01:34	00:05:44	143m	10'57"/km
3.	66	00:01:15	00:06:59	104m	12'01"/km
4.	67	00:02:46	00:09:45	179m	15'27"/km
5.	68	00:02:11	00:11:56	284m	7'41"/km
6.	69	00:01:02	00:12:58	123m	8'24"/km
7.	70	00:00:56	00:13:54	87m	10'44"/km
8.	71	00:01:03	00:14:57	102m	10'18"/km
9.	72	00:02:08	00:17:05	262m	8'09"/km
10.	187	00:02:57	00:20:02	261m	11'18"/km
11.	167	00:03:14	00:23:16	314m	10'18"/km
12.	166	00:02:22	00:25:38	117m	20'14"/km
13.	169	00:06:02	00:31:40	383m	15'45"/km
14.	171	00:04:30	00:36:10	276m	16'18"/km
15.	195	00:01:38	00:37:48	192m	8'30"/km
16.	174	00:03:42	00:41:30	355m	10'25"/km
17.	175	00:02:56	00:44:26	355m	8'16"/km
18.	176	00:02:31	00:46:57	136m	18'30"/km
19.	179	00:02:57	00:49:54	240m	12'18"/km
20.	193	00:02:09	00:52:03	287m	7'29"/km
21.	180	00:04:31	00:56:34	402m	11'14"/km
22.	183	00:03:17	00:59:51	254m	12'56"/km
23.	184	00:01:11	01:01:02	117m	10'07"/km
24.	255	00:02:01	01:03:03	223m	9'03"/km
25.	999	00:00:29	01:03:32	109m	4'26"/km

Orienteering Software