



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Igor KISELEV

Indiv.

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:00:20 (10'30"/km)

26/63

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:04:06		410m	10'00"/km
2.	190	00:01:18	00:05:24	143m	9'05"/km
3.	66	00:01:28	00:06:52	104m	14'06"/km
4.	67	00:02:27	00:09:19	179m	13'41"/km
5.	68	00:02:45	00:12:04	284m	9'41"/km
6.	69	00:01:05	00:13:09	123m	8'48"/km
7.	70	00:01:26	00:14:35	87m	16'29"/km
8.	71	00:01:16	00:15:51	102m	12'25"/km
9.	72	00:02:38	00:18:29	262m	10'03"/km
10.	187	00:03:53	00:22:22	261m	14'53"/km
11.	167	00:03:28	00:25:50	314m	11'02"/km
12.	166	00:01:55	00:27:45	117m	16'23"/km
13.	169	00:04:43	00:32:28	383m	12'19"/km
14.	171	00:03:05	00:35:33	276m	11'10"/km
15.	195	00:01:17	00:36:50	192m	6'41"/km
16.	174	00:03:27	00:40:17	355m	9'43"/km
17.	175	00:02:54	00:43:11	355m	8'10"/km
18.	176	00:01:51	00:45:02	136m	13'36"/km
19.	179	00:02:10	00:47:12	240m	9'02"/km
20.	193	00:02:25	00:49:37	287m	8'25"/km
21.	180	00:04:03	00:53:40	402m	10'04"/km
22.	183	00:02:57	00:56:37	254m	11'37"/km
23.	184	00:01:11	00:57:48	117m	10'07"/km
24.	255	00:02:00	00:59:48	223m	8'58"/km
25.	999	00:00:32	01:00:20	109m	4'54"/km

Orienteering Software