



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Kristel MERTENS

Antwerp Orienteers

Circuit : D:Rouge

Distance : 3920m (Dénivelé 125m)

Temps : 1:21:41 (20'50"/km)

14/28

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Linda VERBRAKEN | 0:44:04 |
| 2. Sofie HERREMANS | 0:45:04 |
| 3. Josefine HEDERSTROM | 0:51:08 |

1.	186	00:03:35		201m	17'50"/km
2.	171	00:05:11	00:08:46	155m	33'26"/km
3.	187	00:16:04	00:24:50	361m	44'30"/km
4.	192	00:03:50	00:28:40	161m	23'49"/km
5.	193	00:02:10	00:30:50	83m	26'06"/km
6.	179	00:05:19	00:36:09	287m	18'31"/km
7.	175	00:05:43	00:41:52	334m	17'07"/km
8.	191	00:02:10	00:44:02	128m	16'56"/km
9.	183	00:07:35	00:51:37	377m	20'07"/km
10.	69	00:04:59	00:56:36	225m	22'09"/km
11.	72	00:02:31	00:59:07	166m	15'10"/km
12.	189	00:04:49	01:03:56	273m	17'39"/km
13.	66	00:04:02	01:07:58	209m	19'18"/km
14.	184	00:04:01	01:11:59	232m	17'19"/km
15.	195	00:04:11	01:16:10	249m	16'48"/km
16.	185	00:00:58	01:17:08	76m	12'43"/km
17.	255	00:03:24	01:20:32	254m	13'23"/km
18.	999	00:01:09	01:21:41	109m	10'33"/km

Orienteering Software