



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

An FREDERICKX

ASUB

Circuit : D:Rouge

Distance : 3920m (Dénivelé 125m)

Temps : 1:05:34 (16'44"/km)

8/28

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Linda VERBRAKEN | 0:44:04 |
| 2. Sofie HERREMANS | 0:45:04 |
| 3. Josefine HEDERSTROM | 0:51:08 |

1.	186	00:02:56		201m	14'36"/km
2.	171	00:02:07	00:05:03	155m	13'39"/km
3.	187	00:07:43	00:12:46	361m	21'23"/km
4.	192	00:03:27	00:16:13	161m	21'26"/km
5.	193	00:01:50	00:18:03	83m	22'05"/km
6.	179	00:04:12	00:22:15	287m	14'38"/km
7.	175	00:05:31	00:27:46	334m	16'31"/km
8.	191	00:01:51	00:29:37	128m	14'27"/km
9.	183	00:06:32	00:36:09	377m	17'20"/km
10.	69	00:05:17	00:41:26	225m	23'29"/km
11.	72	00:02:21	00:43:47	166m	14'09"/km
12.	189	00:03:46	00:47:33	273m	13'48"/km
13.	66	00:03:37	00:51:10	209m	17'18"/km
14.	184	00:03:38	00:54:48	232m	15'40"/km
15.	195	00:05:14	01:00:02	249m	21'01"/km
16.	185	00:00:44	01:00:46	76m	9'39"/km
17.	255	00:04:11	01:04:57	254m	16'28"/km
18.	999	00:00:37	01:05:34	109m	5'39"/km

Orienteering Software