



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Julienne VANREUSEL

hamok

Circuit : D:Noir Moyen

Distance : 4740m (Dénivelé 180m)

Temps : 1:30:31 (19'06"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Louise AHOND | 0:59:29 |
| 2. Elvire PIERLOT | 1:02:55 |
| 3. Kiara NIJST | 1:05:45 |

1.	183	00:04:42		311m	15'07"/km
2.	68	00:04:59	00:09:41	290m	17'11"/km
3.	169	00:07:19	00:17:00	374m	19'34"/km
4.	187	00:02:17	00:19:17	121m	18'52"/km
5.	72	00:03:59	00:23:16	261m	15'16"/km
6.	189	00:03:52	00:27:08	273m	14'10"/km
7.	190	00:05:09	00:32:17	215m	23'57"/km
8.	191	00:10:32	00:42:49	579m	18'12"/km
9.	176	00:07:00	00:49:49	260m	26'55"/km
10.	192	00:06:48	00:56:37	309m	22'00"/km
11.	193	00:01:43	00:58:20	83m	20'41"/km
12.	194	00:10:12	01:08:32	232m	43'58"/km
13.	175	00:06:09	01:14:41	401m	15'20"/km
14.	171	00:05:33	01:20:14	283m	19'37"/km
15.	65	00:04:06	01:24:20	274m	14'58"/km
16.	66	00:03:17	01:27:37	157m	20'55"/km
17.	255	00:02:15	01:29:52	167m	13'28"/km
18.	999	00:00:39	01:30:31	109m	5'58"/km

Orienteering Software