



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Boris LOGNOUL

2 Cdo

Omloop : H:04

Afstand : 4300m (Hoogteverschil 150m)

Tijd : 1:10:13 (16'20"/km)

--/35

O.K.

[Volledige uitslagen op Webres](#)

1. Francis GLASSÉE	0:41:00
2. Eric LORENT	0:42:12
3. Frédéric PICARD	0:42:25

1.	101	00:04:46		189m	25'13"/km
2.	133	00:01:51	00:06:37	108m	17'08"/km
3.	145	00:03:54	00:10:31	227m	17'11"/km
4.	125	00:02:54	00:13:25	192m	15'06"/km
5.	123	00:03:19	00:16:44	151m	21'58"/km
6.	113	00:08:15	00:24:59	634m	13'01"/km
7.	112	00:03:12	00:28:11	142m	22'32"/km
8.	141	00:04:09	00:32:20	183m	22'41"/km
9.	142	00:03:07	00:35:27	298m	10'28"/km
10.	128	00:01:21	00:36:48	102m	13'14"/km
11.	110	00:02:27	00:39:15	183m	13'23"/km
12.	109	00:03:19	00:42:34	170m	19'31"/km
13.	106	00:02:12	00:44:46	170m	12'56"/km
14.	107	00:01:42	00:46:28	125m	13'36"/km
15.	116	00:04:14	00:50:42	141m	30'01"/km
16.	147	00:06:12	00:56:54	494m	12'33"/km
17.	140	00:03:53	01:00:47	154m	25'13"/km
18.	144	00:04:02	01:04:49	306m	13'11"/km
19.	146	00:01:46	01:06:35	130m	13'35"/km
20.	120	00:01:47	01:08:22	112m	15'55"/km
21.	121	00:01:15	01:09:37	85m	14'42"/km
22.	180	00:00:36	01:10:13	52m	11'32"/km

Orienteering Software