



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Reginald FORGET

2 Cdo

Course : H:04

Distance : 4300m (Climbing 150m)

Time : 0:47:46 (11'07"/km)

9/35

O.K.

[Full result on Webres](#)

1. Francis GLASSÉE	0:41:00
2. Eric LORENT	0:42:12
3. Frédéric PICARD	0:42:25

1.	101	00:02:41		189m	14'12"/km
2.	133	00:01:15	00:03:56	108m	11'34"/km
3.	145	00:02:32	00:06:28	227m	11'10"/km
4.	125	00:02:09	00:08:37	192m	11'12"/km
5.	123	00:01:54	00:10:31	151m	12'35"/km
6.	113	00:05:44	00:16:15	634m	9'03"/km
7.	112	00:02:15	00:18:30	142m	15'51"/km
8.	141	00:03:01	00:21:31	183m	16'29"/km
9.	142	00:02:08	00:23:39	298m	7'10"/km
10.	128	00:00:57	00:24:36	102m	9'19"/km
11.	110	00:01:30	00:26:06	183m	8'12"/km
12.	109	00:02:28	00:28:34	170m	14'31"/km
13.	106	00:01:25	00:29:59	170m	8'20"/km
14.	107	00:01:01	00:31:00	125m	8'08"/km
15.	116	00:03:05	00:34:05	141m	21'52"/km
16.	147	00:04:07	00:38:12	494m	8'20"/km
17.	140	00:02:46	00:40:58	154m	17'58"/km
18.	144	00:03:04	00:44:02	306m	10'01"/km
19.	146	00:01:00	00:45:02	130m	7'42"/km
20.	120	00:01:11	00:46:13	112m	10'34"/km
21.	121	00:01:16	00:47:29	85m	14'54"/km
22.	180	00:00:17	00:47:46	52m	5'27"/km

Orienteering Software